

10-5-2018

# GEP Food Sustainability Reflection

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## Recommended Citation

West, Karleen, "GEP Food Sustainability Reflection" (2018). *Global Environmental Politics*. 5.  
<https://knightscholar.geneseo.edu/sustainability-curriculum-global-environmental-politics/5>

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## **PLSC 390 – Global Environmental Politics**

### **Food Sustainability Reflection**

Revisit your dietary choices that you identified prior to learning about food sustainability in the course. Reflect upon those dietary choices, and evaluate the extent to which they are sustainable using what you have learned in this course and information provided by students from another discipline.

Please answer the following questions:

#### **PART I**

1. Given what you have learned in this course and from student reports outside this course, do you want to change your diet? To what extent do you feel that you are able to change your diet?
2. If you do want to make different dietary choices now, explain how likely it is that will make those changes.

If you refer to the work of others (including other students), please be sure to cite it appropriately using the conventions of our discipline.

#### **PART II**

1. Reflect on the work that you put into this assignment, as well as all other group members. Did everyone make a contribution? If you had to assign a grade based on effort and participation, what would you give yourself as well as each of your group members? Be sure to justify your answers.