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I'm Awake

Renee Grasso
Binghamton University

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I'm Awake

First I sat in the dark
and wondered.
I touched all the wrong parts
and I just wondered.

Then I knelt
torso tilting up
oil on my hands
thinking images, images.

Finally I lay
hands closed and
harnessed
engulfed in cold sheets
one eye on the door
I found it

and it was truly a cascade
it was indeed a rush
I did feel it in my toes.

In all my years writing
in all my years reading
in all my years living
this was the most poetic thing I'd done

and now
instead of praying before I sleep
I do this.