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Remote Voices: Mad Girl's Delirium

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Mad Girl's Delirium

I wake up & check my pulse to see if I'm still alive. There's all this talk about war and disease and suffering, it's spring now, but I feel so cold. I cut my Baba's pomegranates, wince as the juice throbs in my papercuts, feed the extra seeds to my mother's koi. Baba packs his Iranian art away into a suitcase, I'll never see it again. I drop my sleeping pills in the crack between the wall and bed, scrape my fingers against the wooden frame. God, I just can't sleep. Knee-deep and alone in my mother's pond algae hair burning, the water only a brief relief. Too quiet, too still, I fall back and listen the crackle of suffocated flames. I dream of arson to my childhood home, pretend it's an act of erasure. I tug at my little nightgown, the wool heavy under the night sky. I don't feel lonely here, floating with the koi. Frozen fingers caressing the neck, feel the thrum—I'm still alive.